Virginia Utermohlen Lovelace MD

Virginia Utermohlen Lovelace MD is a Board-certified pediatrician and retired faculty member of the Division of Nutritional Sciences at Cornell University, Ithaca, New York, the world’s premier nutrition faculty. While there she earned numerous teaching awards, including the State University of New York’s Chancellor’s Award for Excellence in Teaching. She explores the aromas of teas and how teas and foods interact in the mouth, nose, and brain, with a special emphasis on how you experience beverages and foods together. With respect to beverages, she has studied not only tea but also coffee, beer, and wine and their flavors, and why you may prefer one over the other. She is the author numerous of scientific papers, a blog, and the book “Three Basic Teas and How to Enjoy Them,” available on Amazon. Virginia wants to say, “I love tea, love teaching, love writing, love answering questions, and love joining you at World Tea Academy.”